



**KANAWHA-CHARLESTON  
HEALTH DEPARTMENT**

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**FOR IMMEDIATE RELEASE**

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**KCHD Giving Free Sports/Activities Physicals Saturday  
As Part of Charleston Town Center's Back-To-School Event**

CHARLESTON, WVA. – The Kanawha-Charleston Health Department will be providing free sports physicals at the Charleston Town Center this Saturday from noon to 6 p.m. as part of the mall's Movin' and Groovin' Back-To-School event.

Parents or guardians must accompany children under 18 to the clinic, which will be located near Center Court on the JCPenney side of the mall. Physicals are free and will be given by KCHD's Health Officer with the assistance of volunteers from the University of Charleston Physician Assistant Program; West Virginia School of Osteopathic Medicine, Charleston Division; and residency programs at the CAMC Institute for Academic Medicine and Marshall University.

School immunizations not covered by insurance will be administered for free. We do ask that parents bring their child's insurance card with them for those vaccines covered by insurance. Call 304-348-8080 for information about immunizations.

Children who live outside Kanawha County are encouraged to participate as well.

West Virginia requires these screenings for any students participating in band, baseball, basketball, cheerleading, tennis, cross country, football, golf, soccer, softball, swimming, track, volleyball and wrestling. The state also requires updated vaccinations for all students in public schools or participating in public school activities.

Dr. Steven Eshenaur, KCHD's Health Officer, emphasized that these state-required sports physicals are not intended to replace a complete annual examination given by a child's

primary care provider. “I do believe flagging a problem early on in a screening like the ones we are conducting on Saturday at Town Center Mall or during an annual physical, is great preventive care.”

Students heading back to college next month may also come by KCHD’s booth on Saturday and get their Meningococcal B immunization shot.

“As a parent myself, I know how busy things get this time of year – camps, practices, back-to-school shopping – but this is one Saturday afternoon/evening and you can check the physical and shots off your To Do List,” Eshenaur said.

Free parking for clinic participants is available at the health department, 108 Lee Street E.

PLEASE NOTE: This is a special public service off-site event. KCHD does not offer sports physicals at its Charleston location.

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